

# BAIT BAG

## BIO - SHORT

Seasick from the news cycle? Seeking release? Join BAIT BAG and find catharsis in their post-riot grrrl anthems, jagged dance breaks, and sweet harmonies.

Founded in 2018 by Fiona Robins, Claire Donnelly, and Courtney Naliboff, BAIT BAG has shared the stage with punk and indie legends Deerhoof, Screaming Females, Rough Francis, and Weakened Friends, and made friends and fans from New York to Machias.

Bide your time with their four EPs while you eagerly await the release of their full-length album in July 2022 - tour dates coming soon!

## BIO - LONG

Bait Bag was founded in the summer of 2018 by Fiona Robins, Claire Donnelly, and Courtney Naliboff, on the island of North Haven, Maine. Needing catharsis after being weighed down by constant bad news, the three women got together to make loud music. Their tone is planted firmly in rock and roll with a nod to punk and a knowing wink at the riot grrrl movement. Inspired by bands like Sleater Kinney, Blondie and Le Tigre, as well as anything loud, fun and inclusive, Bait Bag's songs are intended to empower and excite, or at least give other frustrated people something to flail around to.

Bait Bag opened for Deerhoof at Brighton Music Hall in Boston, MA and for Screaming Females at Port City Music Hall in Portland, ME, and has performed at the Bitter End in New York City. They won the "Outstanding Performance" award from Music Video Portland, and were featured as a 2020 Desk of the Day by NPR Music's Tiny Desk Contest.

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## PRESS QUOTES

"...within five seconds of hearing "Girl Pushups," I became an instant fan... Add to this fuzzy guitar, tight bass and loose drums, and the end result is a fierce, punk rock bolt of thunder."

Aimsel Ponti, The Portland Press Herald

"After all, its members live on an island that requires an hour-plus ferry ride to get to the mainland. But it has never stopped them from being lightning bolts of creative productivity...the track... is the whip-smart, punch-packing tune "Rotten Eggs" that spits out the fuzzy guitar refrain "

Aimsel Ponti, The Portland Press Herald

"In the wake of this fresh set of changes, our understanding of the experiences we have shared during this time will become more apparent to us. I do hope that Bait Bag will be there to encapsulate the complexities of these times in their trademark catchy, upbeat style."

Olive Twombly, Rad Plaid Magazine